

Visiting Phoenix

General Information

Getting Around

1. In the morning and afternoon, you are not allowed to turn left at an intersection on 7th St. and 7th. Ave. You are allowed to turn left between the intersections but it is a risky maneuver.
2. The 51 freeway is now called the Piestawa Parkway but most people refer to it as the “Squaw Peak” or the “Dreamy Draw“.
3. Numbered avenues, drives and lanes run north to south and are west of Central Avenue. Streets, places and ways run north to south and are east of Central. Address numbers that are even are on the north and west sides of a road. Odd numbers are on the south and east sides of a road.
4. For an idea of commute times to various locations from Central Phoenix.
(<http://phoenix.about.com/library/blcommutephoenix.htm>)
5. Driving time between various Arizona and local state cities.
(<http://phoenix.about.com/od/daytrips/a/drivingtime.htm>)
6. Phoenix and most of the surrounding cities use photos radar. People drive fast in Phoenix, so you many not realize how fast you are going. Watch your speed and watch for cameras.

Medical Information

- | | |
|--|---|
| 1. <i>Local Hospitals</i> | 1111 E. McDowell Road
Phoenix, AZ 85006
(602) 239-6000 |
| John C. Lincoln North Mountain
(no children/closest to neighborhood)
250 E. Dunlap Ave.
Phoenix, AZ 85020
(602) 943-2381 | Paradise Valley Hospital
(OB/GYN
3929 E. Bell Road
Phoenix, AZ 85032
(602) 923-5000 |
| St. Joseph’s Hospital (OB/GYN
and Pediatrics)
350 W. Thomas Road
Phoenix, AZ 85013
(602) 406-3000 | Phoenix Children’s hospital |
| Good Samaritan Hospital (high
risk OB/GYN) | 2. <i>Pediatricians</i>

Pediatric Associates
7600 N. 15 th St., #130 |

- | | |
|---|--|
| <p>Phoenix, AZ 85020
(602) 861-1611</p> <p>Phoenix Children's Ctr. Ltd.
5040 N. 15th Ave., #104
Phoenix, AZ 85015</p> <p>Camelback Pediatrics
4350 E. Camelback Road, #G100
Phoenix, AZ 85018
(602) 840-3120</p> | <p>3811 E. Bell Road, #212
Phoenix, AZ 85032</p> |
| <p>3. Obstetrics</p> <p>Dr. Charles Alfano
500 W. Thomas Road, #850
Phoenix, AZ 85013</p> <p>Dr. Steven Winger</p> | <p>4. Adult Dentistry</p> <p>Dr. George Kokodynski
6520 N. 7th Ave., #2
Phoenix, AZ 85013
(602) 246-9286</p> <p>5. Pediatric Dentistry</p> <p>Dr. Yaneav Cohen
7032 E. Cochise Road, #A130
Scottsdale, AZ 85253
(480) 697-4949</p> <p>Dr. Richard Chaet
7900 E. Thompson Peak Pkwy.
Scottsdale, AZ 85255
(480) 949-0332</p> |

Shopping

- | | |
|---|---|
| <p>1. <i>Baby Stores</i></p> <p>Baby Bloomers (used baby clothes and equipment)
6505 N. 7th St., #103
Phoenix, AZ 85014
(602) 266-5646</p> <p>Babies r' us
7600 E. Mayo Blvd.
Scottsdale, AZ 85255
(480) 585-7362</p> <p>Toys r' us
830 E. Camelback Road
Phoenix, AZ 85014
(602) 263-5509</p> <p>USA Baby
10630 N. 32nd St.
Phoenix, AZ 85028
(602) 788-8200</p> | <p>Anthem Mall (Carters, Stride Rite, Osk Kosh, et.c)
4250 W. Anthem Way
Phoenix, AZ 85086
(623) 465-9500</p> <p>Last Chance (merchandise from Nordstrom)
1919 E. Camelback Road
Phoenix, AZ 85016
(602) 248-2843</p> <p>Nordstrom Rack
16245 N. Scottsdale Road
Scottsdale, AZ 85254
(480) 624-2200</p> <p>Tuesday Morning (discount high end items for the home)
7820 N. 12th St.
Phoenix, AZ 85020
(602) 943-4458</p> |
| <p>2. <i>Discount/Wholesale Stores</i></p> | |

Smart & Final
13802 N. Scottsdale Road
Scottsdale, AZ 85254
(480) 948-4807

6505 N. 7th St., #105
Phoenix, AZ 85014
(602) 263-8959

Costco
1646 W. Montebello Road
Phoenix, AZ 85015
(602) 293-4521

Squaw Peak Cleaners
3110 E. Camelback Road
Phoenix, AZ 85014
(602) 956-1600

Sam's Club
2005 E. Indian School Road
Phoenix, AZ 85016
(602) 954-3894

Tony's Cleaners & Alterations
(home delivery)
6322 N. 7th St.
Phoenix, AZ 85014
(602) 265-0453

99 cent Store
7830 N. 12th Street
Phoenix, AZ 85020

5. *Food Stores (see attached for great kosher items at selected stores)*

3. *Shopping Malls*

Paradise Valley Mall
4568 E. Cactus Road
Phoenix, AZ 85032

Walmart
1607 W. Bethany Home Road
Phoenix, AZ 85015
(602) 246-1700

Scottsdale Fashion Square
7014 E. Camelback Road
Scottsdale, AZ 85251

Albertson's (kosher parve bakery)
1625 E. Camelback Road
Phoenix, AZ 85014
(602) 606-0646

Biltmore Fashion Park
2470 E. Camelback Road
Phoenix, AZ 85016

Trader Joe's
4821 N. 20th Street
Phoenix, AZ 85016
(602) 912-9022

Kierland Commons
15044 N. Scottsdale Rd. #270
Scottsdale, AZ 85254

Whole Foods Market
10810 N. Tatum Blvd.
Phoenix, AZ 85028
(602) 569-7600

Chandler Fashion Center
3111 W. Chandler Blvd.
Chandler, AZ 85226

Basha's
5521 N. 7th St.,
Phoenix, AZ 85014
(602) 222-1820

4. *Cleaners*

Windsor Cleaners (will clean Judaic articles for free)

Safeway
810 E. Glendale Ave.
Phoenix, AZ 85014

(602) 331-0134

Phoenix, AZ 85014
(800) 275-8777

Home Delivery of Groceries

Basha's
<http://gotg.bashas.com/bashas/html/login.htm>

UPS Store
7000 N. 16th St., #120
Phoenix, AZ 85020
(602) 331-1111

Albertson's
www.albertsons.com

Kinkos/Federal Express
4881 N. 20th St.
Phoenix, AZ 85016
(602) 956-1999

6. *Drug Stores*

Oscor (drive-through)
6002 N. 7th St.
Phoenix, AZ 85014
(602) 728-0437

Walgreen's (drive-through)
6838 N. 7th St.
Phoenix, AZ 85014
(602) 728-0437

Walgreen's (24 hour)
7000 N. 16th St.
Phoenix, AZ 85020
(602) 943-1148

7. *Healthy Food Stores*

Healthy Habit (some kosher products)
6029 N. 7th St.
Phoenix, AZ 85014
(602) 252-6000

Cinema Park Health Foods
5333 N. 7th St.
Phoenix, AZ 85014
(602) 274-2402

8. *Postage/Mailing*

United States Post Office
5021 N. 20th St.
Phoenix, AZ 85016
(800) 275-8777

741 E. Highland Ave.

Things to Do

1. Walking through huge resorts.

Hyatt Gainey Ranch (gondola rides)
7500 E. Doubletree Road
Scottsdale, AZ 85258 (480) 444-1234
The Phoenician
6000 E. Camelback Road
Scottsdale, AZ 85251 (480) 941-8200

Arizona Biltmore
2400 E. Missouri Ave.
Phoenix, AZ 85016
(602) 955-6600

J.W Marriott Desert Ridge Hyatt Resort
5250 E. Marriott Dr.
Phoenix, AZ 85054 (480) 293-5000

Fairmont Scottsdale Princess
7575 E. Princess Drive
Scottsdale, AZ 85255 (480) 585-4848

Westin Kierland Resort
6902 E. Greenway Pkwy.
Scottsdale, AZ 85254
(480) 624-1000

2. America West Arena (sports
games, shows, circus once a year)
201 E. Jefferson Street
Phoenix, AZ 85004
(602) 379-2000

5. Dodge Theatre (music concerts,
shows, disney shows)
400 W. Washington St.
Phoenix, AZ 85003
(602) 379-2800

6. Gammage Auditorium
(Broadway shows, concerts)
1200 S. Forest Ave.
Tempe, AZ 85281
(480) 965-4050

7. Scottsdale Center for the
Performing Arts
7380 E. 2nd Street
Scottsdale, AZ 85251
(480) 994-ARTS

8. AMC Esplanade 14 (nearest
movie theatre)
2515 E. Camelback Rd.
Phoenix, AZ 85016
(602) 956-4AMC

9. *Arizona Republic* list of great
date places
(<http://www.azcentral.com/ent/dating/>)

Things to do with Kids

Outside

Kierland Commons (outside sprinklers)
15044 N. Scottsdale Rd. #270
Scottsdale, AZ 85254

Desert Ridge Mall (outside sprinklers)

Phoenix Zoo (train rides, animals, Zoo
Lights in the winter, etc.)
455 N. Galvin Parkway
Phoenix, AZ 85008
(602) 273-1341

McCormick- Stillman Park (trains,
carousel, fire truck museum)
7301 E. Indian Bend Dr.
Scottsdale, AZ 85250
(480) 312-2312

Encanto Park (amusement park)
2605 N. 15th Ave.
Phoenix, AZ 85007
(602) 261-8994

Granada Park
6505 N. 20th St.
Phoenix, AZ 85016
(602) 262-6696

Wildlife World Zoo (animals in natural
habitat)
16501 W. Northern Ave.
Litchfield Park, AZ 85340
(623) 935-9453

Southwest Mesa Museum (dinosaurs
inside)
53 N. McDonald
Mesa, AZ

(480) 644-2230

Arizona Museum for Youth
35 N. Robson St.
Mesa, AZ 85201
(480) 644-2468

Desert Botanical Gardens (check out the
seasonal Butterfly Exhibit)
1201 N. Galvin Parkway
Phoenix, AZ 85008
(602) 941-1225

Animals at 15th Ave. & Maryland Ave.

Fishing in Arizona
(http://www.azgfd.gov/h_f/fishing.shtml
)

Inside

Jeeper's (indoor play area)
4961 W. Bell Road
Glendale, AZ 85308
(602) 439-9200

Castles and Coasters (amusement park)
9445 Metro Parkway East
Phoenix, AZ 85051
(602) 997-7575

Imagination Avenue (amusement park)
10614 N. 32nd Ave.
Phoenix, AZ 85028
(602) 765-3192

Arizona Science Center (check out the
Sesame Street exhibit until 11/05)
600 E. Washington St.
Phoenix, AZ 85004
(602) 716-2000

Scottsdale Fashion Square (enclosed
play area)

7014 E. Camelback Road
Scottsdale, AZ 85251

Chandler Fashion Center (indoor play
area)
3111 W. Chandler Blvd.
Chandler, AZ 85226

Paradise Valley Mall (indoor play area --
not enclosed)
4568 E. Cactus Road
Phoenix, AZ 85032

Fiddlesticks Family Fun Park
8800 E. Indian Bend Rd.
Scottsdale, AZ 85250
(480) 951-6060

The Mystery Castle
800 East Mineral Road
Phoenix, AZ 85042
(602) 268-1581

Heard Museum
2301 N. Central Avenue
Phoenix, AZ 85004
(602) 252-8848

Stuffington Bear Factory
2645 E. Washington St.
Phoenix, AZ 85034
(602) 225-9513

Interesting Things about Arizona

Arizona Jargon

1. Phoenician - I am one, and you're
trying to speak like one. Pronounced:
fun-**ee**- shun

2. Saguaro - large cactus, often with
arms, found only in the Sonoran Desert
of Arizona and Mexico. State
flower. Pronounced: suh-**wah**-roe
3. Cholla - a cactus. There are many
different varieties. Don't get too close.
Ouch! Pronounced: **choy**-ah
4. Ocotillo - a tall spiny cactus that
gets red tips in the spring. Pronounced:
oh-cat-**tee**-yo
5. Gila monster - a lizard, about two
feet long when fully grown. Pronounced:
hee- lah

Arizona Life

1. Why doesn't Arizona practice
daylight-saving time?

A: Arizona, along with Hawaii,
Puerto Rico, the Virgin Islands,
American Samoa and parts of
Indiana, remains steadfastly attached to
Standard Time. The Navajo Nation,
however, with the exception of some
state offices, does recognize daylight-
saving time. In 1967, Arizona adopted
daylight saving to go along with the
Uniform Time Act, which tried to put
the entire nation on one time system.

But, after a summer of sunsets
that didn't come till nearly 9 p.m.,
residents realized they needed
another hour of evening sun the way
they needed more snakes, scorpions
and snowbirds. So Arizona abandoned
the plan.

2. **Q:** Why are no **front license
plates** required on cars in Arizona?

A: Since 1989, Arizona has
required only one license plate per car,
affixed to the rear. Don't knock it.
Printing and issuing just one plate saves
the state money and leaves a blank
space for others who want to show off a
personal or decorative plate on
the front bumper.

3. **Q:** How far is it to the **ocean** from Phoenix?

A: The nearest beaches are along the Sea of Cortez, in Rocky Point, Mexico, and only about 215 miles from Phoenix. The nearest ocean is the Pacific, at San Diego, Calif., about 350 miles from Phoenix.

4. **Q:** Do people really eat **rattlesnake** here?

A: Yes, and in fact, some restaurants serve it. Some say it tastes like chicken.

5. **Q:** Some older houses have **rocks scattered on the roofs**. What's up with that?

A: A feature not commonly seen in other parts of the country - some homes have rocks of different sizes and colors on roofs. They are common in older parts of Phoenix on tar-and-gravel roofs. These rocks, as big as footballs, are used for aesthetic purposes. However, there is a side benefit. During the day, the rocks absorb the heat from the sun and reflect damaging UV rays. At night, the rocks give off the heat into the sky, making the house cooler

6. **Q:** Is **skin cancer** really a serious problem here?

A: Unfortunately, Arizona has the highest incidence of skin cancer in the nation, and the second in the world after Australia. But we are fortunate, now, to know about the risks. Prevention is key. Stay inside whenever possible during the hours of 10 a.m. and 2 p.m. Wear sunscreen, even when you're in the pool. A wide-brimmed hat is recommended for outdoor activities.

7. **Q:** Why do **Arizona sunsets** have such vibrant colors and in the rest of the country the sun just goes down, period.

A: Part of the reason why we have great sunsets here is because the air is fairly clear and clean - this doesn't happen in really smoggy places. When the sun is low in the sky and the path of the light rays is longer, the yellows and oranges and reds

(the ones with longest wavelengths) get scattered around near the ground. The longer the light has to travel, the more red or orange we see. Clouds help, especially really high clouds that catch the light. Contrary to what is commonly believed, our great sunsets are not the result of dust and stuff in the air.

8. **Q:** What do they mean by '**The Valley?**'

A: Greater Phoenix is like a 'bowl' or Valley surrounded by higher mountains. The metro Phoenix area is nicknamed 'The Valley of the Sun.'

9. **Q:** Is it true all newcomers get **Valley fever?** What is it?

A: Valley fever is an infectious, spore-borne disease caused by coccidioides, a fungus peculiar to desert soil. Its symptoms mimic a feverish cold or bronchitis, and though many who contract the infection never display symptoms, Valley fever can lead to pneumonia and meningitis. Most sufferers recover with no treatment and develop lifelong immunity. There is no vaccine. Valley fever is not contagious, and yes, pets can get it, too. The peak season for getting Valley fever is June-September, during the summer storm season. It is estimated that about one-third of the people who live in the lower desert regions of Arizona have had it. Your chances will increase the longer you live here.

10. **Q:** Now the real newcomer question - the one you're too

embarrassed to ask: **Where does the water come from?**

A: In the years after construction of Roosevelt Dam, a series of five dams - three on the Salt and two on the Verde - were built to help store water from the rivers' 13,000-square-mile watersheds. Those dams created the various lakes - Canyon, Saguaro, etc. - where you go to fish or water-ski.

That's why there's no water in the Salt - It's all damned up upstream. The water enters the SRP canal system at the Granite Reef Diversion Dam below the confluence of the Salt and Verde in the far East Valley. And that is why, even though you came here to get away from the snow, you should care how much snow falls in Arizona's central and eastern mountains. That snowmelt keeps the lakes filled.

The watershed is not the Valley's sole source of water. SRP and various cities pump groundwater and the Central Arizona Canal, a huge undertaking, delivers Arizona's share of Colorado River water to the Valley and Tucson.

The Weather

1. **Q:** I know I am saving a ton on my utility bill by using my **evaporative cooler** instead of the air-conditioning, but what is this doing to my **water bill**?

A: It probably raises your water bill about \$10 to \$15 a month. That's not bad, considering how much it costs to run your air-conditioner.

2. **Q:** How do people here cope with the **summer heat**?

Some tips:

- Stay inside when ultraviolet rays are strongest, from 10 a.m. to 4 p.m.
- Take advantage of "public air-

conditioning" - Visit stores, libraries, movie theaters and museums.

- Wear a wide-brim hat, polarized sunglasses and sunscreen at least SPF 15.

- Finish yardwork early, exercise outdoors mornings and evenings.

- Drink enough water to urinate every hour.

- Drape a hand towel over your car's steering wheel when parked in the sun.

- Make sure to cover the metal portion of baby's car seat(s).

3. **Q:** Is it safe to **exercise in the heat**?

A: Not on the hottest of days. Wear a hat. Put on a lot of sunscreen. Exercise early or late in the day. Most of all, you need a lot of water. A whole lot.

4. **Q:** How do I stay safe in a **lightning storm**?

A: Serious lightning accompanies some summer monsoon storms. When a lightning storm hits, seek shelter immediately. Lightning can travel through electrical and phone currents, so keep large appliances off, including TVs. Stay off the phone. DON'T shower or bathe. If you're caught outside, DON'T seek shelter under a tree. DON'T be the tallest object around - for example, in the mountains, stay below the tree line. The inside of a hard-top car is suitable shelter, in an emergency. DON'T swim, and return to shore if you're inside a boat. It's also

a good idea to turn off the air conditioner - power surges from lightning can overload the compressor

5. **Q:** What is the '**monsoon**'?

A: It's the summer thunderstorm season, when the heaviest rains of the year fall in the desert. Temperatures fall rapidly during these storms, and rain accumulates very quickly. Heavy

damage to roads, landscape and homes can occur, and flash floods are a concern. Summer thundershowers almost always occur in the late afternoon and evening hours.

6. **Q:** When does the **monsoon begin** each summer?

A: The summer monsoon has begun when we have three straight days with a dew point of 55 degrees or higher. This is usually in early-to-mid July, but some years can be as late as August.

Myths and Legends about Arizona

1. **Q:** Is the dry desert air really good for **allergy sufferers** and **asthmatics**?

A: Some people are surprised when they move here and their symptoms get worse. The culprit isn't the native desert vegetation, but imports like olive and mulberry trees, and bermuda grass.

2. **Q:** I heard a **UFO** crashed in the Dreamy Draw area in 1947 and was buried under the Dreamy Draw Dam. What's up with that?

A: The **Dreamy Draw UFO** story, as you might expect, has several variations. One has it that in 1947, about three months after the famous UFO incident in Roswell, N.M., a UFO crashed somewhere in the Dreamy Draw area. Another version has the spaceship setting down in that area but actually crashing about 10 miles away near a Cave Creek landfill.

Supposedly, the remains of its two passengers, described as about 4.5

feet tall, were recovered. They were kept in some guy's freezer for a while and then taken away by the military.

And supposedly the reason the Army Corps of Engineers built the Dreamy Draw Dam was not for flood control, as you might suppose, but to bury the UFO. Do you know where the Dreamy Draw Dam is? If you're going north of the Squaw Peak Parkway, it's off to your right a bit above Northern Avenue.

3. **Q:** What's this about Arizona having the highest rate of **auto thefts**?

A: It's true. In early 2004, FBI data showed Arizona with the highest per capita rate of car thefts in the nation. That rate will likely go down, however, because of aggressive efforts by law enforcement, including public awareness campaigns, better security systems on cars and a very popular "baitcar" program that catches thieves on videotape and encourages quick plea deals instead of lengthy court battles.

Driving Times between Phoenix and
Popular Destinations

From Phoenix to Grand Canyon

Distance: 247 miles

Driving Time: 4.5 hours

**From Phoenix to Sedona and Oak
Creek Canyon**

Distance: 125 miles

Driving Time: 2.5 hours

From Phoenix to Monument Valley

Distance: 316 miles

Driving Time: 6 hours

From Phoenix to Nogales, Mexico

Distance: 187 miles

Driving Time: 3.5 hours

From Phoenix to Tucson

Distance: 120 miles

Driving Time: 2.5 hours

**From Phoenix to Page and Lake
Powell**

Distance: 302 miles

Driving Time: 5.5 hours

From Phoenix to Prescott

Distance: 112 miles

Driving Time: 2.25 hours

From Phoenix to Flagstaff

Distance: 146 miles

Driving Time: 3.5 hours

From Phoenix to Payson

Distance: 100 miles

Driving Time: 2 hours

From Phoenix to Lake Havasu City

Distance: 220 miles

Driving Time: 4 hours

From Phoenix to Yuma

Distance: 185 miles

Driving Time: 3 hours

From Phoenix to Las Vegas, Nevada

Distance: 300 miles

Driving Time: 6 hours

**From Phoenix to Los Angeles,
California**

Distance: 375 miles

Driving Time: 6 hours

From Phoenix to Anaheim, California

Distance: 358 miles

Driving Time: 5.5 hours

**From Phoenix to San Diego,
California**

Distance: 355 miles

Driving Time: 7 hours

From Phoenix to Rocky Point, Mexico

Distance: 215 miles

Driving time: 5 hours