

Chag Kosher V'Sameach from Ohr HaTorah

Shiurim - Measurements

These *Shiurim* generally follow the opinions of Rav Moshe Feinstein zt"l and have been reviewed by Rabbonim

NOTE: These minimum requirements must be adhered to by women as well as men.

1. Four Cups of Wine

On a regular Friday, night, or when the *Seder* falls out on Friday night, because *Kiddush* is a Biblical requirement (*Mid'oraisa*), the *Kiddush* cup should hold at least **4.42 fl. oz.** However, since the *Kiddush* on a regular *Yom Tov*, including *Pesach*, is a Rabbinical (*Mid'rabonon*) requirement, the *Kiddush* cup can hold as little as **2.9 fl. oz.**

After *Go'al Yisroel* - the cup should hold **2.9 fl. oz.**

After *Bircas Hamzon* - the cup should hold **2.9 fl. oz.**

After *Hallel* - the cup should hold **2.9 fl. oz.**

It is suggested that the cup be able to hold more than the **2.9 ounces** required, to compensate for some spillage.

One should **preferably** drink the entire cup. If this is not feasible **more than half** of the cup should be drunk **NO MATTER** what the size of the cup. In cases of difficulty a cheekful will suffice.

The wine/grape juice should be consumed preferably in **two swallows**.

The following is a list of beverages that may be used for the Four Cups in order of preference. Grape juice may be used if one has difficulty with wine. 1.Wine 2.Wine diluted with grape juice 3.Wine diluted with water 4.Grape Juice 5.Grape juice diluted with water.

2. Matzah

It is preferable to use *Shemurah Matzah* at the *Seder*

For *Hamotzi* and for *Afikoman* a piece measuring **7 x 6-½ inches** is required.

For *Korech* -a piece measuring at least **7 x 4 inches** is required.

If for health reasons, one can't eat *Matzah*, then *Shmura Matzah* meal (upon which *Hamotzi* will be recited) may be substituted as follows:

a.For *Hamotzi* and *Afikoman* an amount of meal that can be compacted into a **1.5 fl. oz.** vessel.

b. For *Korech* an amount of meal that can be compacted into a **1.1 fl. oz.** vessel.

3. Marror

A. If you use pure grated horseradish:

1. For *Morrer* **1.1 fl. oz**

2. For *Korech* **0.7 fl. oz.**

B. If you use Romaine Lettuce leaves ONLY:

1. For *Morrer* - Enough leaves to cover an area of **8 x 10 inches**.

2. For *Korech* -The same.

C. If you use Romaine Lettuce stalks ONLY:

1. For *Morrer* -Enough to cover an area of **3 x 5 inches**.

2. For *Korech* -The same

D. Less is required for a combination of leaves AND stalks

The required amount of *Matzah* and *Marror* should, in each case, be eaten in a span of **3-4 minutes** and in case of difficulty up to **nine minutes**.

**MARROR
LEAVES
ONLY**

*(The Entire Area Enclosed by
the White Border)
8" x 10"*

**MARROR
STALKS
ONLY**

*(The Entire Lime Area)
3" x 5"*

← MATZ AH →

*(combined gold & cream area)
6 1/4" X 7"*

← KORECH →

*(gold area)
4" X 7"*

← AFIKO MAN →

*(combined gold & cream area)
6 1/4" X 7"*